

OWNER RETURNS TO ROOTS TO LEAD CHIC EYES IN KING CITY



A local optometrist is sharing her knowledge, and the latest technology with her customers. Dr. Wendy Ng has taken the helm of Chic Eyes in King City, returning to her hometown roots. Ng explained she grew up close to King City, but moved to Peterborough right after graduation to work for Dr. Joe Hoja. She wanted to learn from him because he's a "forward-thinking optometrist with a practice philosophy similar to mine".

Ng said she believes in spending the time to fully examine and educate her patients on their eye health and eye care needs. She's also invested in the newest and the best technology "so that patients and I are confident in knowing exactly what is going on with their eye health".

She admitted she's wanted to be an optometrist since she was 13 years old. "After research and working for an optometrist in my teenage years I realized that I could make a difference in people's lives by helping them see better, look better, live better, and sometimes even save lives (e.g. from cancers/tumours/aneurysms, etc).

"For example, I once had a 6-year old patient come in for a routine vision and eye health evaluation with no concerns. However, after conducting a thorough examination, I discovered that she actually had one really weak eye, and that she needed to wear glasses, full-time. I prescribed her glasses and when she came back a month later for her follow-up, her mother told me that she had no idea that she needed glasses. In fact, her mother and her teacher thought that she had a learning disability or dyslexia. But after she got the glasses, she went from being afraid of reading in front of the class to jumping up 2 reading levels and now thrives/loves reading in front of the class.

"I really had to hold back tears when I hear that, because while any of my colleagues would have done the same thing as I did, it really helped me encourage me and reminded me of my calling/why I love doing what I do every day"

Ng added she also enjoys the fashionable aspect of outfitting clients with unique frames. Chic Eyes only carries high-quality products - a lot of their boutique frames lines are not found at your average optometrist clinic. "Life's too short to wear boring glasses that don't fit/suit you well", she said.

Technology is a main player and helping patients. Ng pointed out Optomap Ultra-Widefield Retinal Imaging and other technologies enables them to diagnose eye conditions much easier and much earlier, which means better outcomes and better chances of saving vision.

New technology also makes progressive lenses much easier to adapt to nowadays with the proper prescription, measurements, fitting, and a good quality progressive lens (such as the Nikon Seemac Ultimate progressive lens) you won't have any troubles with adjusting to them. She said there are multifocal contact lenses today too, so people can see at all distances without needing to wear glasses.

The newest trending frames include geometric shapes (e.g. hexagonal shapes instead of circle or square) pastels cat eye. For lenses, blue light protection is a big topic since so many of us are on screen for so many hours every day. Blue light lenses are not yet proven to be a health benefit for the eyes, however, a proper prescription glasses with blue light protection can be helpful in relieving strain for device use.

Chic Eyes is offering a free/complimentary upgrade to blue protection lenses through the end of February. Ng said since we spend almost 80% of time in front of the screen, computer lenses and anti-fatigue lenses are a good idea. "Why not get glasses that will help you see and feel better for the 80% of your day? And you can wear it throughout the rest of the day as well".

Chic Eyes can take care of all of your eye health needs, and make you look good in the process. Visit them in King City. Call 289-467-6000; email info@chiceyes.ca or visit <https://instagram.com/chiceyesoptical/>